
Start Writing Your Book

Complete This Workbook and Start On Your Path

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You Can Write Your Book!

Introduction

One of the hardest things about writing a book is getting started. You might have a brilliant idea, but you also might have no clue how to begin. Additionally, you might need to learn how to develop and stick to a writing process. This will result in a finished book that you can hold in your hands. Use this worksheet to start on the path of your writing life. Listen to Tell Your Story Better podcast episode 160 for the lowdown on how to use this workbook. With it, you will develop a writing habit so you start and finish the book of your dreams. You will write down your title, ideas, and writing structure. At the end, sign this worksheet to make it official that this is your plan!

Book Vision

- 1 Is your book fiction or non-fiction? _____
- 2 What is your book's genre (some genres include: science fiction, fantasy, historical fiction, memoir, biography, self-help, mystery, essay, poetry, etc.)? _____
- 3 What is the reason you want to write this book? _____

Logistics

- 4 How do you plan to write it (circle 1)? Longhand Computer Voice-to-text Record/Transcribe

- 5 How often will you write?

Daily (insert time of day) _____

Weekly (insert time of day) _____

Monthly (insert time of day) _____

- 6 What writing goal posts will you use?

Word count _____

Amount of time (in minutes) _____

- 7 Book Title _____

- 8 Subtitle _____

Book Content

- 9 Your *Thesis Statement*. (A thesis statement is a concise statement of the main point or topic of your written work. For example, the thesis statement of my book *Speak From Within* might go something like this. “Using simple-to-implement techniques, people can conquer public speaking fears and build the skills to become engaging, and inspiring communicators.”)
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- 10 Your book’s Introduction: How will you introduce your ideas and themes?
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Chapters

Write out the main idea and three specific points you want each chapter to address.

Chapter 1 Title/Main Idea

Three main points:

1

2

3

Chapter 2 Title/Main Idea

Three main points:

1

2

3

Chapter 3 Title/Main Idea _____

Three main points:

1 _____

2 _____

3 _____

Chapter 4 Title/Main Idea _____

Three main points:

1 _____

2 _____

3 _____

Chapter 5 Title/Main Idea _____

Three main points:

1 _____

2 _____

3 _____

Chapter 6 Title/Main Idea _____

Three main points:

1 _____

2 _____

3 _____

Chapter 7 Title/Main Idea _____

Three main points:

1 _____

2 _____

3 _____

Chapter 8 Title/Main Idea _____

Three main points:

1 _____

2 _____

3 _____

Chapter 9 Title/Main Idea _____

Three main points:

1 _____

2 _____

3 _____

Chapter 10 Title/Main Idea _____

Three main points:

1 _____

2 _____

3 _____

Conclusion

They say that you should tell them what you are going to tell them (*The Introduction*), tell them what you want to tell them (*the Content*) and tell them what you told them (*the Conclusion*).

Draw from the thesis statement of your piece. Tell them what you told them and then tie everything up into a concluding assertion.

Conclusion Main Idea _____

Closing assertion: _____

On what date do you plan to finish? _____

Who will be my beta readers? _____

What sort of critique will I ask for? Supportive Constructive Solution-oriented "Tear it apart."

Your Deal With Yourself

Make this promise to yourself to work at your craft. You deserve to write your book.

On this date, / / , I _____

commit to writing this book. I will faithfully write for the length and amount I stated above that I would do until I complete the first draft.

Signature