



DISCOVER AND ACHIEVE

YOUR DREAM CAREER

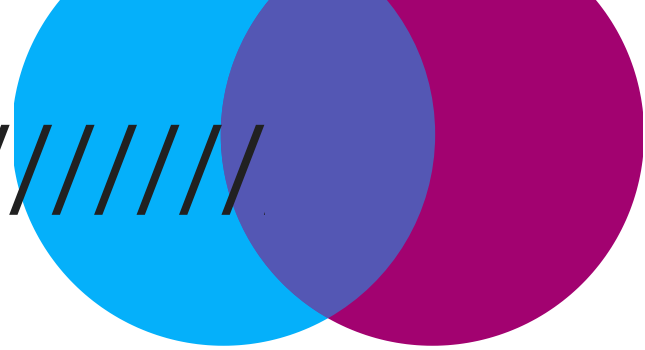


IZOLDA TRAKHTENBERG

Brooklyn, New York | IzoldaT.com

FOCUS ON WHAT MATTERS

Meditation and Ceremony to Achieve the Life You Want.



MANIFEST YOUR IDEAL CAREER CHOICE

Please write the following down in list form.

- Everything you need to feel you have a fulfilling, exciting, well-compensated position. Make this as detailed as possible.
- Everything you want in a great job. These are the characteristics that you desire [make these big as they don't absolutely have to be part of the process but would be really great if they were.
- What you are willing to accept (this is the list of characteristics that would not be the greatest, but if the previous two are satisfied, that you would be willing to take as part of the next job.
- Deal breakers (too little money, moving to another country, etc.)

ENERGY & FOCUS

PERSPECTIVE

This is energetic work so focus on the positive and sending out no negative energy as part of your own wishes.

MATERIALS

- One green candle
- Two copies of your list
- One piece of malachite (or other small, green stone, like aventurine)
- Dried basil.
- An 8x8 inch piece of fabric
- Thread

THE PROCESS

01

WHAT YOU NEED

e.g. In a creative field

02

WHAT YOU WANT

e.g. Helping people thrive

03

WHAT YOU ACCEPT

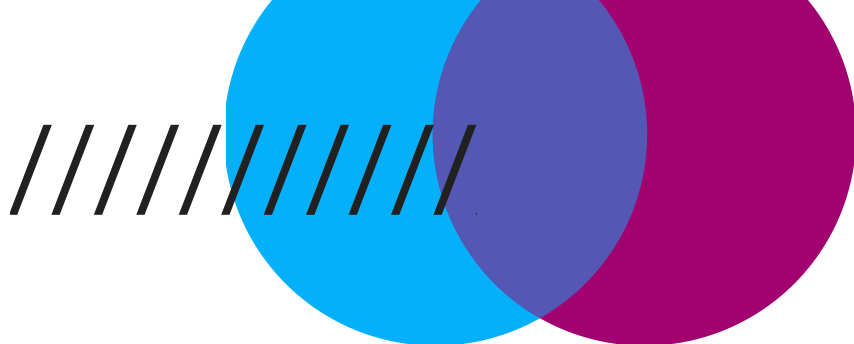
e.g. Admin tasks

04

DEALBREAKERS

e.g. No animal testing





STEPS

Place all the items on a table. Sit in front of them. Breathe deeply. Take four deep inhalations and exhalations. With each breath, imagine a warm, safe, soft light around you and invite the universe to work with you as part of your ceremony.

On the fourth exhalation, open your eyes and say, "I am at peace as I walk in the physical and energetic realms."

Welcome the ancient alchemical elements of earth, air, fire, and water.

- For air, say, "I welcome clarity, thought, reason, the clear-headed path."
- For fire say, "I welcome forward motion, action, change that benefits my highest good."
- For water say, "I welcome the flow of life, calm feelings, inner relaxation that I am flowing towards my best purpose."
- For earth say, "I welcome peace, stability, certainty, financial success, abundance, and work that fulfills me personally and professionally."

Say

- "On this night, I await the new dawn, the return of the sun, renewed possibility, and the chance to begin again, to resolve my issues and to move forward with a reinvigorated sense of purpose and wellness. I commit myself to moving toward my highest good, professionally and personally. The professional path has steeped me in an uncertain broth. From here, I move toward a new clarity of purpose and vision. I stand at the edge and will leap with faith that my goals of work that I love without the accompanying worries will be made manifest in my life. I envision this work to be productive, fulfilling, and financially sound and beneficial to me and all that I do."

Take the fabric and put it in the center of the altar. Say

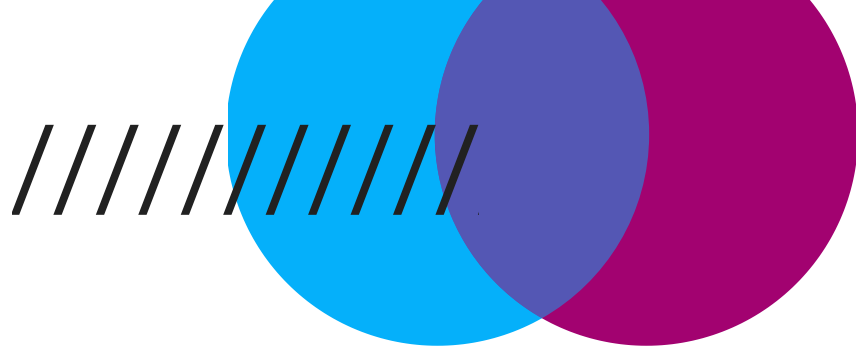
- "I use this spun fabric to spin the perfect professional situation for myself. I envision it. I hold it fast to me, and I make it happen through conscious action and thought."

Place the malachite on the fabric. Say

- "I place this malachite, a stone of prosperity here to add its energy of abundance and prosperity to my work."

Place the dried basil in the fabric. Say

- "I use this herb of abundance and success to bring to myself prosperity and work that I love and that will benefit me and those who come to me for help and guidance. I intend to heal, to succeed, and to reap rewards of peace, prosperity, and abundance moving forward. I will have helpful friends, colleagues and other beings to aid me on my way. And no negative or harmful energies will impact my journey."



STEPS CONTINUED

On a blank portion of the paper, write down the above three things that you've said. Repeat to yourself as you write it. Really imagine and envision it all as this is your intention to make things work the way you want them to.

Light the candle. Gather and one of the pieces of paper in the fabric. Tie the fabric three times with the thread.

As you tie the first knot say,

- "I tie this once for my personal fulfillment and peace."

As you tie the second knot say,

- "I tie this twice for my professional success and prosperity."

As you tie the third knot say,

- "I tie this thrice for my spiritual sense of abundance and clarity."

Pour the melted wax on the knots to make sure you've sealed everything in. Say,

- "With this candle wax, I make my covenant. I seal my promise to work with the universe to bring this or something better into my life, with ease and with grace. May this be for my highest good. May it happen in way that feels comfortable and easy for me, and may it happen as soon as is possible within the framework of the infinite tapestry the universe has knit together. May this be for the good of all. May it harm none. So I have spoken. So it shall be done."

Thank the elements and the universe. Take four deep breaths. With each breath, offer a mental promise to keep true to your words. And then keep the medicine bag with you. Keep the other piece of paper somewhere where you can refer to it as the everything evolves and new information and opportunities come before you.